



**DR. SANDHYA'S COSMO AND
DERMO CLINIC
&
JOAPHIEL COSMO DERMO
ACADEMY**

SPECIALIST IN IMAGE CONSULTANCY

**Specialized in Bridal Make Up
& Pre Bridal Treatment**

**Affiliated with International
School of UK (VTCT)**

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86/860, Siddhivinayak Co-op Hsg Soc., Mahavir Nagar, Kandivali West

MEN'S GROOMING COURSE

70 HOURS

Purpose: A Specially designed course to enhance men's grooming within a beauty salon or spa environment. At the completion of the course the students will obtain a Men's Specialist Certificate.

Description: Student will be prepared to perform basic yet modern relaxing treatments for the metro sexual man.

Subject: Topics include Skin Care for Men, Basic Manicure and Pedicure for Men, Body Treatments for Men (Wraps, Massage), Beard Treatment, Back Treatment and Waxing.

Accessories and Tools : Students will be provided with an accessorial kit comprising the required products for the particular course.

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Career Call : Men's Skin Care specialist in Salons and Spas.



Body Massage Course

Body Massage Course 70 HOURS



Description : This course combines theory in specialized body treatments, applied alone or combined with skin care procedures & hands on practice in specialized class rooms at the end of the course the students will obtain a Basic Body Massage Certificate.

Subjects: Topics include Basic Massage Techniques, Swedish Massage and Acupressure

Accessories and Tools: Student will be provided with an accessorial kit comprising the required products for the particular course.

Standard Valmy Uniform Code : Common to all Courses and Modules Uniform, Gloves, Sliper/Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Course kit contents: Body Towel, Bath Robe, Terry Hair Band, Shower Cap, Wooden Spatula.
Product Kit Contents: Grape Seed Oil, Lavender Oil and Valmarina.

Carrer Call : Massage Therapist and Beauty Spas Specialist.

Advance Body Massage Course : 70 HOURS

Description : The course combines clinical body treatments and physiotherapy theory with hands on practice in specialized class rooms, A student will obtain a certificate in Advance Body Treatment at the end of the course.

Subjects: The curriculum will help prepare students to perform body clinical treatments on clients

Accessories and Tools: Students will be provided with an accessorial kit comprising the required products for the particular course.

Standard Valmy uniform Dress code: Uniform, Gloves, Slipper/ Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues Mask, Hair Net, Note Book and pen.

Course kit Contents: Body Towel, Bath Robe, Terry Hair Band, Shower Cap and Wooden Spatula.
Product kit contents: Grape Seed Oil, Lavender Oil, Rosemary Oil, and Valmarina.

Career Call : Massage Therapist and Beauty Spa Specialist,

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Skin Care esthetics course

420 HOURS



Description : The Esthetics Curriculum combines modern skin care treatments theory with practical hands on sessions that include various types of hand manipulation and massage movements, The Curriculum is divided in three modules of one month each. Students at the end of each module will receive a certificate. At the end of the course the student will obtain a Diploma in Esthetics.

Subjects : The topics covered are Bacteriology, Anatomy, Functions of the Skin, Skin Analysis, Skin Disorders and Disease, Chemistry of Cosmetic Ingredients, Electricity and Skin Care Machines, Facial Procedures with and without machine, Waxing, Face Lymphatic drainage, Stone therapy, Aroma therapy Business Practice and job skills.

Accessories and tools: Students will be provided with several accessorial kits comprising the required products for the course and module. students will be trained with the following equipments.

8 in 1 Esthetic machine: Galvanic (Ionization and Disincrustation) High Frequency, Brushing, Ozone Steam, Vacuum Suction, Magnifying Lamp, Woods Lamp and Spray.

Electric Mask– Used to help prepare the skin for deep penetration of moisturizing creams.

Standard Valmy Uniform Dress Code: Gloves, Slipper/Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Course Kit Contents: 3 1/2 inch scissors, Tweezer Man Slant Tip Tweezer, Paper Mask, Wooden Spatula, Cloth Cape, Terry Head Band- Velcro Closure, Plastic Bowl, Shower Cap, Gauze and Waxing Strips.

Product Kit Contents

Esthetic module1 : Deep Cleanser, Valeen, Vegetal Peel, Valmanina, Valmask II and otion X.

Esthetic Module 2 : Valora I, Valora II, Valnel, Valssima and Valrose,

Esthetic Module 3 : Valmarina, Valnel, Special Cram # I, Mask (Valinsta Mask) and Valinsta Powder

Career Opportunities : Esthetician, Beauty Counselor and Facial Specialist.

Image Enhancement Course

2 1 H O U R S

Descriptions: The course is designed for those individuals, who are eager to learn how to keep their skin, body, and spirit in perfect shape without the help of a beautician. At the completion of the course the students will receive a personal Enhancement Certificate.

Subject : Topics include self Skin Analysis, How to select your own personalized makeup and skin care products, your makeup product's description, How to apply a basic day makeup without being a makeup artist, Your own home skin care regimen, How to treat your skin at home, Basic Machine, Pedicure and Personal Hair Styling.

Accessories: Students will be provided with a christine Valmy exclusive T-Shirt.



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HAIR STYLING AND HAIR DRESSING COURSE

560 HOURS

Description: The course combine theory and practice with sophisticated scalp treatments and advance hair techniques. The curriculum is divided in four modules of one month each. Students will get a certificate for each module. At the end of the course the student will obtain an international Diploma in Hair Styling & Hair Dressing.

Subjects: The topics covered are Basic Hair techniques and Scalp Treatment, Advance Modern Hair Cutting, Hair Coloring Hair Chemical Treatment with perming and Relaxing techniques and Hair Styling.

Accessories and Tools: Students will work in a salon like environment and be provided with an accessorial kit comprising the required products for the particular course.

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Course Kit Contents:

Hair cutting module: Shear 5 ½ inch with detach rest, thinning shear, Hair shaper, Hair Shaper Blades, All Purpose Comb, Barber Comb, Velcro Comb Out Cape, 8 oz Spray Bottle, Plastic Butterfly Clips and Mannequin.

Hair styling module: Brush-Nylon Bristles, Brush Paddle Cushion, All Purpose Comb, Comb-Super Style, Comb-Super Metal Tail, Com-Confetti 7/12 inch Velcro Comb Out Cape, 8 oz Spray Bottle, Clips Steel- Duck Bill, Clips Steel Single Prong, Bobby Pins- Round Ends, Hair Pins and Teasing Comb.

Hair Chemical texture module : 8 oz Spray Bottle, Com-Super Metal Tail, Shampo Cape Velcro, Gloves Vinyl, Dye Brush, All Purpose Comb, Small Rollers, Medium Rollers, Large Roller, End Paper, Duck Clips, Dye Bowl and Mannequin.

Hair coloring module: Zee Comb- Tangle Comb, Frosting Cap with Needle, Comb-Super Metal Tail, Velcro Shampoo Cape, Gloves Vinyl, 6 oz Color Bottle with Marking 6 oz Color Top, Clips 2 inch jaws butterfly assorted, Mannequin, Dye brush, Brush- Confetti Big Size and Barbers Comb.

Career Call : Hair Dresser, Hair Consultant, Hair colorist and Hair Specialist.



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INDIAN WEDDING COURSE

105 HOURS

Description: Student will be trained in specific methods and procedures drawn up to make the prospective bride and groom look and feel their best. At the completion of the course the students will obtain a Wedding Esthetics and Make up Specialist Certificate.

Subjects: The course topics include Pre Wedding Facial Treatments Wedding Makeup with Air Brush Machine, Wedding Hairstyling, Manicure, Pedicure, Threading, Waxing, Home made Body Scrubs and Henna Application.

Accessories and Tools : Students will be provided with an accessorial kit comprising of the required products for the particular course. The Students will train using the following equipment:

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/Shoes
Cotton Rolls, Cotton Buds, Terry Towels, Tissues Mask, Hair Net Note.
Book and Pen.

Course Kit Contents: Cloth Cape, Makeup Brush kit, Sponges, Terry Hair Band, Wooden Brush, Brush Paddle Cushion, Comb-Cofetti Super Styler, Comb Super Metal Tail, Shower Cap, Comb-Confetti 7 ½ inch and Hair Pins- Different Sizes.

Product kit Contents : Deep Cleanser, Valora I, Valora II Vegetal Peel, Special Cream # II, Instant Beauty Mask and Special Lotion # 22

Career Call : Wedding Esthetics and Makeup Specialist.



SPA TREATMENT COURSE

70 HOURS



Description: To prepare the students to perform advanced spa Treatments highly required by today's salon and spa services. Students will learn Hydrotherapy treatments and also the Vichy shower operations. At the end of the course the student will obtain a spa Treatment Certificate.

Subject ; The Course covers Body Scrubs (Salt and Sugar Scrubs) Wraps, Paraffin Wax treatment, Body and Face Treatments, Which involve the use of high technology supported by modern skin care equipments, Cellulite and weight loss treatments and modern Detoxifying Treatments.

Accessories and Tools ; Students will be provided with an accessorial kit comprising the required product for the particular course. The students will train using the following equipments.

BIOSPA : Integraicenter for corporal, Facial and Capillary treatments. 52. automatic programs, regularly updated via internet. Digital processors of high sped and performance and thematically groped therapies and innovative treatments.

Application are :

Cellulite and Localized Fat Relaxing and Decontractruing Therapies
Facial Electro Lifting Galvanic Hydro therapies
Muscular and Cutaneous Flabbiness Rehabilitation and Physiotherapy
Capillare Treatment Lymphatic Drainage
Firming of Breast and Buttocks Integral Corporal Modeling

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/Shopes, Cotton Rolls. Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Course Kit Contents : Body Towel, Bath Robe, Terry Hair Band, Shower Cap, Plastic Wcap Sheet, Exfoliating Gloves, Exfoliating Brush, Paraffin Wax Applicator and Wooden Spatula.

Product kit contents: Valmirian, sea Salt and Lavender Oil.

Career Call : Spa Therapist and Physiotherapist Assistant.

INTERNATIONAL COSMETOLOGY LICENSE COURSE

120 HOURS



Description: Advanced Comprehensive Cosmetology course providing all knowledge needed to operate a Beauty Salon.

Subjects: The course combines the Hair curriculum Modules 1,2,3, and 4 (560 hrs) Esthetic Skin Care curriculum Module 1 and 2 (280 hrs) Basic Manicure/Pedicure (70 hrs) Basic Makeup (70hrs) Advanced Makeup (70 hrs) Men,s Grooming Curriculum (70hrs) Preparation for USA State Board,(45 hrs), At the Completion of the course the students will obtain an international cosmetology Diploma.

Accessories and tools: Students will be provided with an accessorial kit comprising the required product for the particular course. The students will also be trained on professional beauty equipment.

Basic Kit Contents: Uniform, Gloves, Slipper/Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and pen.

course Kit Contents:

Nail Course: Cloth Cape, Manicure/pedicure kit Pieces, Steel Pusher, Nail Filer- For Toe Nail Cutter, Scissor, Tweezers, Cuticle Cutter, Emery Board, Manicure Sticks Manicure Bowls, Paper Towels, Separator and Buffer.

Hair Course: Zee Comb, Tangle Comb, Frosting Cap with Needle, Comb-Super Metal Tail, Shampoo Cape, Velcro, Gloves Vinyl. 6 oz Color Bottle with Markings, 6 oz Dye Bowl, Clips 2 inch Jaws Butterfly Assorted, Mannequin, Dye brush, Brush Barbers Comb, 8 oz Spray Bottle, all Purpose Comb, Small Rollers, Medium Rollers, Large Rollers, End Paper, Duck Clips, Shear 5.1/2 inch with Detach Rest, Thinning Shear, Hair Shaper, Hair Shaper Blades, Barber Comb. Brush Nylon Bristles, Brush Paddle Cushion, Comb-Confetti Super Styler, Comb-Confetti 7 ½ inch, Clips Steel-Duck Bill, Clips Steel Single Prong Bobby Pins-Round Ends, Hair Pins and Teasing Comp.

Makeup Course: Terry Hair band, Small Disposable Cape, Wooden Spatula, Make up Brushes-Different Sizes, Palette, Tweezers, Shower Cap and Triangular Sponge.

Esthetic Course: 3 ½ Inch Scissor, Tweezer Man Slant Tip Tweezers, Paper Mask, Spatula Wooden, Cloth Cape, Terry Head Band-Velco Closure, Plastic Bowl, Shower Cap, Safety Goggles Clear Plastic and Gauze.

Product Kit Contents: Deep Cleanser, Valeen, Vegetal Peel, Valmarina, Valmask I, Valmask II, Lotion X Valora I, Valora II, Valnel, Valissima, Valrose, Cuticle Remover Softener, Hand Lotion Peachy Skin, Salicylic Acid, Exoval and Healing foot cream.

Career Call: Esthetician, Beauty Counselor, Facial Specialist, Hair Dresser, Hair Consultant, Hair Colorist, Makeup Artist, Specialist in Photography Makeup, Television Makeup Artist, Manicurist and Nail Art Expert.

MAKEUP COURSE

Basic makeup course-70 Hours



Description : For Individuals who are interested in entering the field of professional Makeup Artistry and need to acquire proficiency in the fundamentals of this profession. At the completion of the course the students will obtain a Basic Makeup Artist Certificate.

Subjects: The course topics are Basic Contouring, Color Analysis and Day Makeup, Evening Makeup, Eye and Lips Contouring and Ethnic Makeup Corrections.

Accessories and Tools: Students will be provided with an accessory kit comprising the required product for the particular course.

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Course Kit Contents: Wedges Terry Hair Band, Small Disposable Cape, Wooden Spatula, Makeup Brushes different sizes, Palette, Tweezers and Shower Cap

Career Call : Makeup Artist.

Advance makeup course-70 HOURS

Description : For individuals who have acquired proficiency in the fundamentals of this profession and want to upgrade themselves to a higher level. At the completion of the course the students will obtain an Advance Makeup Artist Certificate.

Subjects: Topics of study include introduction to Special Effects and Corrective Makeup, Advanced contouring, Photography Makeup (Basic and white and color), Video and Television Makeup, High Fashion and Imaginative Makeup.

Accessories and Tools: Students will be provided with an accessory kit comprising of the required products for the particular course.

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/ Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask Hair Net Note Book and Pen,

Course kit Contents: Wedges, Terry Hair Band, Small Disposable Case, Wooden Spatula, Make up Brushes- Different Sizes, Palette, Tweezers, Cotton Swab and Shower Cap.

Career Call: Professional Makeup Artist. Television Makeup Artist and Specialist in Photography Makeup.

AROMATHERAPY COURSE

70 HOURS

Description: At the Completion of the course the students will be knowledgeable on ‘The World of Scents and Aromtherapy’ will have an idea about purchasing Quality Control Oils and know who Essential Oils benefit the skin. At the completion of the course the students will receive an Aromatherapy Specialist Certificate.

Subject; Topics would include history of Essential Oils, Extraction of essential Oil, use of Essential oil on different skin tyoes, Recommendations and Contraindications of Essential Oils, Skin Care Treatments incorporating the Essential Oils Students will be prepared to customize the client’s skin care product using the Essential oils.

Accessories and Tools: Students will be provided with an accessorial kit comprising the required products for the particular course.

Standard Valmy Uniform Dress Code Uniform, Gloves, Sliper/Shoes Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Course Kit Contents: Cloth Cape, Full Size Towel, Measuring Cups, Shower Cap and Terry Hair Band.

Product Kit Contents: Lavender, Tea Tree, Eucalyptus, Ylang Ylang, Rosemary, Grape Seed, Peppermint and Patchouli.

Career Call : Aromatherapist.



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INTERNATIONAL ESTHETICS COURSE

600 HOURS

Description: Advanced comprehensive Esthetic course providing all knowledge needed to operate an esthetic clinic.

Subject : Combines the modules of Esthetic Skin Care, Basic Makeup, Advance Makeup, Advance Paramedical Esthetics, and Spa Treatment. At the completion of the course the students will obtain an International Esthetic Diploma.

Accessories and Tools: Students will provided with an accessorial kit comprising the required products for the particular courses. The Students will be trained on professional beauty equipments.
Basic kit Contents: Uniform, Gloves, Slipper/Shoes, Cotton Roils, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Esthetic Course: 31/2 inch Scisoor, Paper Mask, Wooden Spatula, Cloth, Cape, Terry Head Band Velcro closure, Plastic Bowl, Gauze, Shower Cap, Waxing Strips and Tweezers Slant Tip.

Makeup Course: Terry Hair Band small Disposal Cape, Wooden Spatula Make up Brushes-different sizes, Palette, Tweezers, Shower Cap and Triangular Sponge, Advance Para Medical Course: Plastic Small Clips, Wooden Spatula, Clients Cloth Cape, Plastic Bowls. Full Size Towel, Terry Hair Bands, Shower Cap, Spray Bottle Facial, Medical Gauze and Safety Goggle.

Spa Curriculum

Product kit Contents: Deep Cleanser Valeen, vegetal Peel, Valmaskl, Lotion X, Valora I, Valora II, Vainel, Valissima, Valrose, Valmarinal special Cream # II, Mask (Valinsta Mask) Valinsta Powder and Collage Mask.

Career Call : Esthetician, Beauty Counselor, Facial specialist, Makeup Artist, Specialist in Photography Makeup and Dermatologist Assistant.



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ADVANCED PARAMEDICAL ESTHETICS COURSE

35 HOURS

Description: This course educates students to assist dermatologist and skin care specialist to perform advanced medical skin care treatments. At the end of the course the students will obtain an Advance Paramedical Certificate.

Subject: The topics covered are Microdermabrasion, Pre and Post Surgical Skin care Procedures, Eye Electrotherapy Blepharoplasty Treatments, Alpha Hydroxyl Acid Peels, Amino-Acids Treatment, and Skin Electro Therapy Treatment.

Accessories and Tools: Students will be provided with an accessorial kit comprising the required products for the particular course. The student will be trained with the following equipment:

Skin Abrader

Applications are: Microdermabrasion, Vacuum Mobilization, Skin Regeneration, Scars and Stretch Marks, Hyperkeratosis and Superficial Peeling.

ABPEEL- ABM + Ultrasonic Peeling

Applications are: Liftiting without Surgery, Tissue Firming Scars and Stretch Marks, Corporal, Facial & Capilar Programs, Skin Slabiness, Cellulte and Acne Scars.

Standard Valmy Uniform Dress Code: Uniform, Gloves,Slipper/Shoes

Cotton Rolls, Cotton Buds, Terry Towels. Tissues, Mask, Hair Net, Note Book and Pen.

Course kit Contents: Plastic Small Cups,Wooden Spatula, Clients Clothe Cape, Plastic Bowls, Full Towel, Terry Hair, Bands Shower Cap, Spray Bottle Facial, Medical Gauze and Safety Goggle.

Product Kit Contents: Collagen Mask. Deep Cleanser and Valmist II.

Career Call: Dermatologist Assistant and Beauty Salon Advanced Skin Care Specialist etc.



NAIL-ART COURSE

35 HOURS

Description : Advance nail techniques will be taught. At the completion of the course the students will obtain a Nail Art Certificate.



Subject : Topics cover modern nail techniques such as Tip Application such as Tip Application, Wraps Acrylics, Gels, Extensions, Nail Art and Design.

Accessories and Tools: Students will be Provided with an accessorial kit comprising the required products of the particular course.

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/Shoes, Cotton Rolls, cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Career Call: Nail Art Expert and Nail Bar Operator.

Basic Manicure & Pedicure Course

70 HOURS

Description : The course concentrates on the beautification of the hands and feet, promoting services highly required by solons and spas, At the completion of the course the students will receive Basic Manicure and Pedicure Specialist Certificate.

Subject : Sanitation, Infection Control, Manicures, Pedicures, Hand and Foot Massage, French Manicures and Pedicures.

Accessories and Tools: Students will be provided with an accessorial kit comprising the required products for the particular Course.

Standard Valmy Uniform Dress Code: Uniform, Gloves, Sliper/Shoes, Cotton, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen..

Course Kit Contents: Cloth Cape, Steel Pusher, Nail Filer-For Toe Nails, Nail Cutter, Scissor, Tweezers, Cuticle, Cutter, Emery, Board, Manicure, Sticks, Manicure Bowls, Paper Towels, Toe Separator and Buffer.

Product Kit Contents: Cuticle Remover Softener, Hand Lotion Peachy Skin, Salicylic Acid, Exoval and Healing Foot Cream.

Career Call : Manicurist and Pedicurist and Nail Bar Owner.

HAIR SMOOTHENING, KERATINE & CYSTEINE

35 HOURS

Description: This curriculum is the latest international method of using braids & extensions to increase the length & Volume of the hair as well as using a combination of chemicals & styling techniques to permanently straighten hair.

Subjects: The topics include use of braids & extensions, different kinds of extensions, effects of Japanese straightening on hair, products used, proper after care, benefit of treatment, tools & equipment used, styling techniques for permanent straightening.

Accessories & tools: Students will be provided with several accessorial kits. Students will be trained in the use of a Ceramic flat Iron.

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Course Kit Contents: Zee Comb, Comb-Super Metal Tail, Confetti Super Styler, Scissor, Mannequin, Mannequin Holder, Clips, Gloves-Vinyl, Velcro Cape and Foil.



FILM SPECIAL EFFECT COURSE

35 HOURS



Description: The Course Prepares the students to perform makeup for the film and theater industry. stage and Television special makeup effects are taught combining modern special makeup effects. At the completion of the course the students will obtain a Film Special Effect Specialist Certificate.

Subjects: Special Effect (Scars, latex nose, deformed faces), Skin Cuts and Bruises, Blood Effects, and Aging Makeup, will complete a very modern advance makeup curriculum. Color and lightening knowledge for theater and film makeup will also be covered within this Curriculum.

Standard Valmy Uniform Dress Code: Uniform, Gloves, Slipper/Shoes, Cotton Rolls, Cotton Buds, Terry Towels, Tissues, Mask, Hair Net, Note Book and Pen.

Career Call: Specialist in Fantasy Makeup, Theater Makeup Artist and Makeup Artist for Movies.

